# PROGRAM DAY 1 (2 MAY)

13:00-13:45    Opening Ceremony
13:45-14:15    Keynote John Beard: A life course approach to healthy ageing
14:15-14:45    Keynote Geir Selbæk & Knut Engedal: How to prevent dementia throughout life?
14:45-15:15    Coffee break and exhibition
15:15-18.00   Symposia (S) and oral (O) sessions

### 15:15-16:30

<table>
<thead>
<tr>
<th>15:15-16:30</th>
<th>HALL A</th>
<th>HALL B</th>
<th>HALL C</th>
<th>AUDITORIET</th>
<th>TORG-HJØRNET</th>
<th>MEETING ROOM 1</th>
<th>MEETING ROOM 2</th>
<th>MEETING ROOM 3</th>
<th>MEETING ROOM 4</th>
<th>ODIN</th>
<th>BALDER</th>
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</thead>
</table>
| S 1.1       | Between work and retirement  
*Chair: Lumme-Sandt*  | S 1.2 | Promotion of health, active ageing and quality of life among older adults living with pain  
*Chair: Cederbom*  | S 1.3 | A new old age? Historical changes in the conditions of aging-related processes  
*Chair: Huxhold*  | S 1.4 | Once frail - always frail? Frailty prevalence and possible interventions against frailty  
*Chair: Hylen Ranhoff*  | S 1.5 | Milk and vitamin D – the more, the better?  
*Chair: Meyer*  | S 1.6 | Informal care and wellbeing in changing societies  
*Chair: Broese van Groenou*  | O1.1 | Biological ageing  
*Chair: Heimli*  | S 1.7 | The impact of appetite, low protein, and physical activity on function: the PROMISS study  
*Chair: Jagger*  | O1.2 | Life course and physical functioning  
*Chair: Tangen*  | S 1.8 | Towards understanding the complexity of home care nursing  
*Chair: Hellesø*  | O1.3 | Dementia care  
*Chair: Røsvik*  |

### 16.30-16.45 BREAK

### 16:45-18:00

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<tr>
<th>16:45-18:00</th>
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<th>MEETING ROOM 4</th>
<th>ODIN</th>
<th>BALDER</th>
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</table>
| S 2.1       | Do working conditions influence cognitive decline, brain structural changes and risk of dementia?  
*Chair: Nabe-Nielsen*  | S 2.2 | Psychological distress, mental illness, and mood fluctuations in old age – causes and consequences  
*Chair: Käreholt*  | S 2.3 | Childlessness in late life  
*Chair: Siren*  | S 2.4 | Alzheimer Disease – new treatment strategies  
*Chair: Winblad*  | S 2.5 | Re-thinking place, age, and exclusion - Learning lessons from global and multi-disciplinary framework  
*Chair: Wanka*  | S 2.6 | Obesity, physical function and bone health in Icelandic old adults  
*Chair: Ramel*  | O 2.1 | Family & intergenerational relationships  
*Chair: Daatland*  | S 2.7 | Health trends in various life stages in the Netherlands: 25 years Longitudinal Aging Study Amsterdam  
*Chair: van der Noordt*  | O 2.2 | Social inequalities in ageing  
*Chair: Aartsen*  | S 2.8 | Towards a new approach of frailty in later life  
*Chair: Smetcoren*  |

19:00    Welcome reception, Oslo City hall
<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>08:00</td>
<td>Morning run</td>
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<tr>
<td>09:00-09:30</td>
<td>Keynote Jon Kvist: Preventing ageing unequally? Recent Nordic social policy reforms</td>
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<tr>
<td>09:30-10:00</td>
<td>Keynote Mika Kivimäki: Stress, life style and healthy ageing: Evidence from big data approaches</td>
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<tr>
<td>10:00-10:30</td>
<td>Coffee break, posters and exhibition</td>
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<tr>
<td>10:30-12:00</td>
<td>Symposia (S) and oral (O) sessions</td>
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**HALL A**

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<tr>
<td>10:30-12:00</td>
<td>S 3.1 Gender and social inequalities in the late career: Empirical evidence and critical perspectives Chair: Platts</td>
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<td>S 3.2 Care work in the Nordic countries: organization, work content and working conditions Chair: Szebehely</td>
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<td>S 3.3 Gender and socio-economic differences in social relations in contemporary Nordic populations Chair: Lund</td>
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<td>S 3.4 Genetic and environmental influences on the markers of biological age Chair: Jylhävää</td>
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<td>S 3.5 The @geing online project: Developing and evaluating social e-innovations in a Nordic context Chair: Forsman</td>
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<td>S 3.6 Gradations of digital inclusion in later life: A multi-cultural perspective Chair: Petrovčić</td>
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<td>O 3.1 Frailty and multi-morbidity Chair: Langballe</td>
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<td>O 3.2 Dementia Chair: Rokstad</td>
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<td>O 3.3 Ethnicity, communication and the dementias: A Nordic perspective Chair: Antelius</td>
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**HALL B**

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>12:00-13:00</td>
<td>Lunch, poster session and exhibition</td>
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**HALL C**

**AUDITORIET**

**TORG-HJØRNET**

**MEETING ROOM 1**

**MEETING ROOM 2**

**MEETING ROOM 3**

**MEETING ROOM 4**

**ODIN**

**BALDER**

12.00-13.00 MØLLER

Lunch symposium: S 25 Meet the editors Chair: Aartsen
Program Day 2 continued:

13.00-16.00  Symposia (S) and oral (O) sessions

<table>
<thead>
<tr>
<th>Time</th>
<th>Hall A</th>
<th>Hall B</th>
<th>Hall C</th>
<th>Auditoriet</th>
<th>Torg-Hjørnet</th>
<th>MeETING ROOM 1</th>
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<tr>
<td>13:00-14:30</td>
<td>S 4.1</td>
<td>S 4.2</td>
<td>S 4.3</td>
<td>S 4.4</td>
<td>S 4.5</td>
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<td></td>
<td>Social inequalities in extending working lives: the role of health. The EXTEND project Chair: Deeg</td>
<td>Universalism at stake - social inequalities in long-term care in the Nordic countries Chair: Rostgaard</td>
<td>Grandparenthood in Europe and beyond Chair: Brandt</td>
<td>DNA methylation as a biomarker of aging in longitudinal population based cohorts Chair: Hågg</td>
<td>Diagnosis of causes of cognitive impairment and dementia. Lessons learned from the Nordic network in dementia diagnostics Chair: Engedal</td>
<td>Loneliness Chair: Hansen</td>
<td>Psychological health in the retirement transition: longitudinal findings in the HEARTS study Chair: Lindwall</td>
<td>Informal care Chair: Gautun</td>
<td>Living environment, housing and well-being in later life Chair: Jolanki</td>
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<tr>
<td>14:30-14:45</td>
<td>BREAK</td>
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<td>O 5.2</td>
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<td>Making citizenship matter Chair: Bartlett</td>
<td>Dignity of older people Chair: Tranvåg</td>
<td>Health technology in early prevention of age-related functional decline: the PreventIT project Chair: Taraldsen</td>
<td>Trends, prevention, and costs of dementia: results from the Swedish National study on Aging and Care Chair: Fratiglioni</td>
<td>User participation, collaboration, methodology and research impact in research on ageing and health Chair: Iwarsson</td>
<td>Attitudes to sex and the role of new intimate relations in later-life: Results from England and Sweden Chair: Lee</td>
<td>Work and retirement Chair: Solem</td>
<td>Loneliness in old age: cross-national comparative perspectives Chair: Nyqvist</td>
<td>Housing and informal caregivers in Norway: Saviours of the long-term care systems? Chair: Skinner</td>
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<tr>
<td>16:00-16:30</td>
<td>Coffee break, posters and exhibition</td>
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<td>16:30-17:00</td>
<td>Keynote Karen Andersen Ranberg: Trends in mortality, morbidity and disability in the light of ageing populations. Can e-Health relieve the challenges?</td>
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<td>17:00-17:30</td>
<td>Keynote Ursula Staudinger: The positive plasticity of human aging: Implications for individuals and societies</td>
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<td>19:00</td>
<td>Congress dinner, Kanonhallen</td>
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## PROGRAM DAY 3 (4 MAY)

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<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>08:00</td>
<td>Tai chi</td>
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<tr>
<td>09:00-09:30</td>
<td>Keynote Sandra Torres: Aging in the age of migration: what an ethnicity-informed and migration-aware lens can offer to gerontological research, policy and practice</td>
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<tr>
<td>09:30-10:00</td>
<td>Keynote Maria Krogseth: Prognosis after delirium in older people receiving home nursing care</td>
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<tr>
<td>10:00-10:30</td>
<td>Coffee break, posters and exhibition</td>
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<table>
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<tbody>
<tr>
<td>10:00-10:30</td>
<td>Coffee break, posters and exhibition</td>
</tr>
</tbody>
</table>

### S 6.1
**Health, health behaviors and psychological factors before and after retirement**
*Chair:* Stenholm

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

**S 6.2**

**Long-term care**
*Chair:* Wagle

**S 6.3**

**Older workers in an extended working life**
*Chair:* Hellevik

**Assessment and treatment of pain in people with dementia**
*Chair:* Erdal

**Old age social exclusion – insights into the ROSEnet initiative**
*Chair:* Topo

**Biomarkers and clinical factors in mild cognitive impairment and dementia – a multicenter study**
*Chair:* Barca

**Psychology of physical activity among middle-aged and older Individuals**
*Chair:* Sipilä

**Ageing and care – the advantages of register-based research**
*Chair:* Aaltonen

**Physical functioning**
*Chair:* Telenius

**Towards capability in aging**
*Chair:* Skoog

**Welfare technology**
*Chair:* Holthe

**Antibiotic consumption, infection prevention and antibiotic resistance in the elderly**
*Chair:* Eriksen

### S 6.4

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

### O 6.1

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

**S 6.5**

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

**S 6.6**

**Health, health behaviors and psychological factors before and after retirement**
*Chair:* Stenholm

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

**S 6.7**

**Old age social exclusion – insights into the ROSEnet initiative**
*Chair:* Topo

**Biomarkers and clinical factors in mild cognitive impairment and dementia – a multicenter study**
*Chair:* Barca

**Psychology of physical activity among middle-aged and older Individuals**
*Chair:* Sipilä

**Ageing and care – the advantages of register-based research**
*Chair:* Aaltonen

**Physical functioning**
*Chair:* Telenius

**Towards capability in aging**
*Chair:* Skoog

**Welfare technology**
*Chair:* Holthe

**Antibiotic consumption, infection prevention and antibiotic resistance in the elderly**
*Chair:* Eriksen

### O 6.2

**S 6.8**

**Long-term care**
*Chair:* Wagle

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

**Welfare technology**
*Chair:* Holthe

**Antibiotic consumption, infection prevention and antibiotic resistance in the elderly**
*Chair:* Eriksen

### S 6.9

**Health, health behaviors and psychological factors before and after retirement**
*Chair:* Stenholm

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

**S 6.10**

**Health, health behaviors and psychological factors before and after retirement**
*Chair:* Stenholm

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

### O 6.3

**Capstone roundtable on current research and challenges**
*Chair:* Bjerkliæf

**S 6.11**

**Health, health behaviors and psychological factors before and after retirement**
*Chair:* Stenholm

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

**S 6.12**

**Health, health behaviors and psychological factors before and after retirement**
*Chair:* Stenholm

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

### O 6.4

**Capstone roundtable on current research and challenges**
*Chair:* Bjerkliæf

**S 6.13**

**Health, health behaviors and psychological factors before and after retirement**
*Chair:* Stenholm

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

### O 6.5

**Capstone roundtable on current research and challenges**
*Chair:* Bjerkliæf

**S 6.14**

**Health, health behaviors and psychological factors before and after retirement**
*Chair:* Stenholm

**Experiences from how interdisciplinary network initiatives enhance care home research**
*Chair:* Halvorsen

**Aspects of loneliness in old age**
*Chair:* Malmberg

**Maximizing the quality of life in persons with dementia and their caregivers living at home**
*Chair:* Monin & Bruvik

**Less is more? Discontinuing drug therapy to improve health outcomes among frail older adults**
*Chair:* Johnell

**Enacting integrated care. Experiences, approaches and novel practices**
*Chair:* Obstfelder

**Longevity**
*Chair:* Bjerkliæf

**Ageing in the Danish realm – perspectives on aging in Denmark, Greenland and Faroe Islands**
*Chair:* Nortoft

### O 6.6

**Capstone roundtable on current research and challenges**
*Chair:* Bjerkliæf